



Nutritionally Yours
HEALTH SOLUTIONS

Ordering Physician:

276549 - 303070
Nutritionally Yours
Alane Palmer CNC, ND
5755 North Point Parkway
Suite 48
Alpharetta, GA 30022

Accession Number:
Reference Number:
Patient:
Age: Sex:
Date of Birth:
Date Collected:
Date Received:
Report Date:
Telephone: 6783722913
Fax:
Reprinted:
Comment:

0075 IgG4 Food Antibodies (90 Antigens)

Methodology: ELISA

Results ng/mL	Response	Class	Results ng/mL	Response	Class	Results ng/mL	Response	Class
Dairy/Meat/Poultry			Watermelon	< 10		Avocado	65	Mild +1
Beef	< 10		Grains			Broccoli	31	
Casein	< 10		Barley	< 10		Cabbage	< 10	
Chicken	< 10		Corn	< 10		Carrot	< 10	
Egg, White	< 10		Oat	< 10		Celery	< 10	
Egg, Yolk	< 10		Rice	14		Cauliflower	< 10	
Lamb	< 10		Rye	20		Cucumber	16	
Milk	18		Wheat	232	Mod +3	Asparagus	< 10	
Pork	< 10		Legumes			Garlic	37	
Turkey	< 10		Pea, Green	< 10		Lettuce	< 10	
Fish/Shellfish			Lentil	< 10		Mushroom	< 10	
Clam	< 10		Lima Bean	< 10		Mustard	< 10	
Codfish	13		Navy Bean	< 10		Olive	< 10	
Crab	53	Mild +1	Peanut	18		Onion	< 10	
Flounder	13		Pinto Bean	< 10		Pepper, Green	< 10	
Halibut	12		Soybean	< 10		Spinach	< 10	
Lobster	70	Mild +1	Bean, String	< 10		Sweet Potato	< 10	
Mackerel	< 10		Miscellaneous			Potato	< 10	
Oyster	27		Aspergillus	17		Potato	< 10	
Trout	< 10		Black Pepper	18		Tomato	< 10	
Salmon	< 10		Chocolate	10		Zucchini	< 10	
Shrimp	70	Mild +1	Cinnamon	< 10				
Tuna	< 10		Coffee	< 10				
Fruits			Ginger	< 10				
Apple	< 10		Malt	< 10				
Banana	< 10		Tea	< 10				
Blueberry	< 10		Vanilla	< 10				
Cantaloupe	< 10		Yeast, Baker's	< 10				
Cranberry	< 10		Yeast, Brewer's	< 10				
Apricot	< 10		Nuts/Seeds					
Grape	< 10		Almond	< 10				
Grapefruit	< 10		Cashew	< 10				
Honeydew	< 10		Coconut	< 10				
Lemon	< 10		Pecan	< 10				
Orange	< 10		Pistachio	< 10				
Peach	18		Sesame	< 10				
Pear	< 10		Sunflower	< 10				
Pineapple	< 10		Walnut	< 10				
Strawberry	< 10		Vegetables					

Class Definitions:

Class	Cutoffs
Negative	0-40
Mild (+1/+2)	80/150
Moderate (+3/+4)	500/900
Severe (+5)	> 900

These test results are not for the diagnosis of disease. They are intended to provide nutritional guidelines to qualified healthcare professionals with full knowledge of patient history and concerns to assist in their design of an appropriate healthcare program.